

# MILAREPA CHILDREN'S THEATER & CHORUS

TARA  
AND HER TWENTY-ONE EMANATIONS



WHICH TARA ARE YOU TODAY?

MILAREPA CHILDREN'S THEATER AND CHORUS

## TARA & HER 21 EMANATIONS

An Online  
Performance  
Piece

Directed & Written  
by Rochelle Weithorn  
Chorus Leader & Technical  
Director: Dekyong Lhamo  
Technical Assistant:  
Hal Richman

## ABOUT THE PRODUCTION

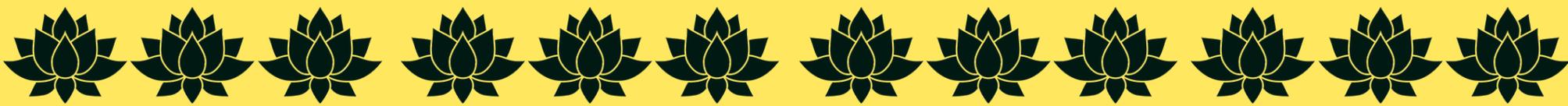
*Tara & Her 21 Emanations* is a performance piece with music about a female Buddha who can summon her powers to benefit sentient beings. Studying all the Taras helps us to understand and appreciate our own unique qualities. Over the course of 21 days during the COVID-19 quarantine, a cast of 21 came together, under the guidance of Director Rochelle Weithorn to create this online performance piece.

For 21-days, we came together for an interactive online workshop to study the Taras, learn her songs, and participate in this final production.



# MILAREPA CHILDREN'S THEATER & CHORUS

Since 2001, under the auspices of Khenpo Tsültrim Gyamtso Rinpoche, the Milarepa Children's Theater & Chorus has brought the teachings of the Buddha to life through the living expression of the performing arts.



## 03 THE CAST OF TARAS



**CACTUS DRAGON**  
*as Tara #1*

**ROCHELLE WEITHORN**  
*as Tara #2*

**DEKYONG LHAMO**  
*as Tara #3*

**HAL RICHMAN**  
*as Tara #4*

**HILDA GARCIA**  
*as Tara #5*

**MARY PARANICAS**  
*as Tara #6*

**DORJEE BHUTIA**  
*as Tara #7*

**DAWA NORBU TAMANG**  
*as Tara #8*

**BARBARA HUGO**  
*as Tara #9*

**GIKA HENNING**  
*as Tara #10*

**SANGAY RINZING BHUTIA**  
*as Tara #11*

**DEBORAH GARRETT**  
*as Tara #12*

**YESHE PALMO BHUTIA**  
*as Tara #13*

**LAUHLAN LEARNED**  
*as Tara #14*

**JAMYANG YUDEN TAMANG**  
*as Tara #15*

**BARBARA WEANER**  
*as Tara #16*

**ELIZABETH HALE-GARLAND**  
*as Tara #17*

**JOAN KLEIN**  
*as Tara #18*

**ZAMYANG DORJEE BHUTIA**  
*as Tara #19*

**BOB STEVENS**  
*as Tara #20*

**SASHA ASCHER**  
*as Tara #21*





**The Butter Lamp Song**

by Khenpo Tsultrim Gyamtso Rinpoche

Translation & Arrangement by Jim Scott     *Recorded by Jim Scott*

**Guru Yoga for Khenpo Tsültrim Gyamtso Rinpoche**

by Khenpo Tsültrim Gyamtso Rinpoche     *Sung by Joan Klein*

**Homage to Tara**

*Spoken by James Sacamano*

**Meeting Tara**

*Spoken by Deborah Garrett*

**Noble Liberator Tara**

*Sung by Dekyong Lhamo*

**Tara's Dedication to Merit**

by Dechen Rongol (Khenpo Tsültrim Gyamtso Rinpoche)     *Spoken by Cactus Dragon*

**Long Life Prayer for Khenpo Tsültrim Gyamtso Rinpoche**

Composed by the 17th Gyalwang Karmapa, Ogyen Drodul Trinley Dorje

*Sung by Barbara Weaner*

**An Aspiration For the World**

Composed by the 17th Gyalwang Karmapa, Ogyen Drodul Trinley Dorje

*Sung by Elizabeth Hale-Garland*



## 05 CREDITS



**Nicole Bryl:** Camera Help, Compassionate Support for Rochelle, Queen of Screenshots

**Ruth Snow:** Web Designer, Compassionate Support to Dekyong, Mute Master

**James Avery:** Computer & AV Support For Whom No Question Was Too Small

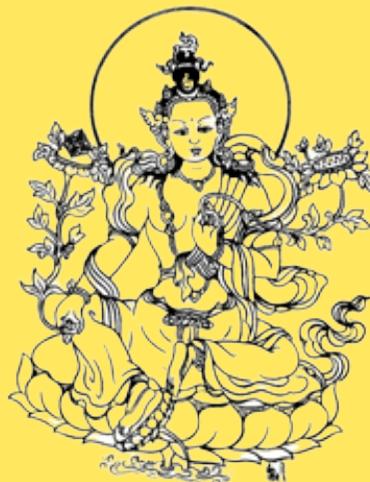
**Chris Magnus:** The Master of Zoom

Thank You for Your Generous Donations to Our 501(C) (3) Non-profit Organization  
All Proceeds Go to Support the Milarepa Children's Theater & Chorus

Donations breathe life into productions like these.

For more information, please go to :

[Milarepachildrestheaterandchorus.com](http://Milarepachildrestheaterandchorus.com)





"Participating in the workshop rehearsals leading up to the performance truly brought the 21 Taras to life for me. I feel we embody aspects of Tara's essence each time we meet." **Joan Klein**

"21 days to study the 21 Taras! The discussions we had about the different Taras gave me an understanding of what each one represents. I highly recommend this workshop for those who want to learn more about the 21 Taras." **Mary Paranicas**

"These last 3 weeks have been transformative for me!" **Gika Henning**

"By creating an ingenious theater at the meeting of cyberspace and mind, the producers brought me into resonance with the 21 Taras and their activity. " **Barbara Hugo**



## 07 UNDER THE AUSPICES OF KHENPO TSÜLTRIM GYAMTZO RINPOCHE



KTGR Website For Teachings & Activities:  
[www.ktgrinpoche.org](http://www.ktgrinpoche.org)

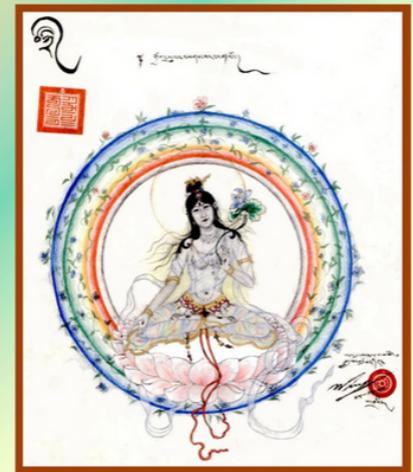
KTGR Digital Library at Marpa Foundation:  
Includes teachings on Tara given by  
Khenpo Tsültrim Gyamtso  
Rinpoche:<http://ktgr.dscloud.me/moodle>

KTGR Nunneries:  
[www.ktgrinpoche.org/nunneries](http://www.ktgrinpoche.org/nunneries)

Tuesday Weely Online Tara Practice:  
[Tarafive108@gmail.com](mailto:Tarafive108@gmail.com)



**Milarepa Children's Theater  
& Chorus Presents:**  
Online Tara Practice With Instructions  
The Liturgy We Use Was Composed  
by Khenpo Tsültrim Gyamtso Rinpoche



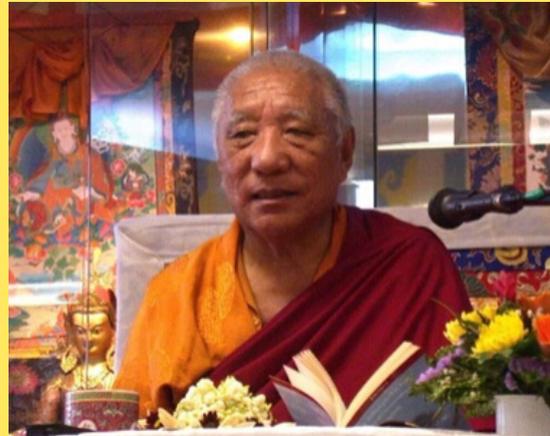
Every Tuesday Night 7pm ET

**Email: [Tarafive108@gmail.com](mailto:Tarafive108@gmail.com)  
for the weekly Zoom link**



The Noble Liberator Tara for Her  
Guidance, Generosity and Vision

Khenpo Tsültrim Gyamtso Rinpoche, Who Opened Our Hearts  
to Tara Through Teachings & Encouragement



All the Cast and Behind-the-Scenes Crew  
Who Brought This Production To Life





**Rochelle Weithorn**  
**Founder & Artistic Director**  
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**rweithorn@aol.com**  
**YouTube: Rochelle Weithorn**

**MILAREPACHILDRENSTHEATERANDCHORUS.COM**



A decorative border of black lotus flower silhouettes runs vertically along both the left and right sides of the page. The flowers are arranged in a regular, repeating pattern.

MILAREPA CHILDREN'S  
THEATER & CHORUS

THANK YOU!